



# The Nibley City News

Nibley, Utah—December 2018



Mayor Shaun Dustin

## Thoughts From Mayor Dustin

What is the single biggest thing the government can do to help you in an emergency? The most important thing is to help you be prepared so that most things aren't an emergency. But sometimes things go wrong that we don't see coming or that we don't have the resources to prepare for, and for those things, we have police, fire, and emergency medical services.

There are some changes happening in the way we look at emergency services—not just in Nibley, but around the country. You wouldn't know it from the news, but fire departments are spending a lot less time fighting fires and a lot more time responding to medical emergencies. Emergency medical calls are predicted to continue to increase, and fire calls will continue to go down with improved building codes and standards.

One of the big policy questions in Cache Valley right now is: if the biggest problem in emergency response and management is medical, not fire, then should we be building our budgets around lots of big expensive fire stations, or around emergency medical responders? I look at it this way—I don't want my house to burn down. That would be tough. But I would survive that. If I have a heart attack or one of my kids is hurt, I would trade my house burning to the ground for getting a paramedic to us just one minute earlier. I can insure a house or live in a tent, but some things can't be fixed.

Don't get me wrong—our firefighters are important and they do great work that is absolutely necessary. Most of them are cross-trained in emergency medicine. But if you could buy and staff either two fire trucks or a fire truck and two ambulances, then where would you put the money?

Right now we are getting an incredible deal on our emergency services because we are paying Hyrum for fire protection and our local EMS (shout out to Nibley-Millville EMS—you know who you are and we know what you do for this community) is a volunteer service. But is there such a thing as a "good deal" in an emergency? Right now, volunteer systems all over the country face the reality that people are working more and they are working farther from their homes.

We need to be prepared for a future where we have a way to continue to provide emergency services when our volunteers are stretched too thin. At some point we will be paying \$50-70 each per year for these services. Right now it's closer to \$10. That's a big jump unless it's you or your loved one that needs them.

The question I am wrestling with is this—when we head in this direction, what is most important and how should it be organized? Should it be a traditional fire department that has paramedics, or should it be paramedics that know how to fight fires? I know it may be strange to think about it that way, but my heart tells me the second option makes more sense. There is no plan for any changes in the immediate future but this is an issue we should all be aware of because we will have to face it sooner than later.

For now, it's winter and it's going to start snowing. For some people in our house that's really exciting. For others (me) it's not. My Dad says the great thing about the weather up here is that it keeps the riff-raff out. So congratulations—by virtue of your decisions that brought you here and keep you here, you are all by

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Nibley City wishes peace and joy to you and your family this holiday season

Nibley City Hall will be closed Monday, December 24 through Tuesday, December 25 so our employees can enjoy the Christmas holiday.

### Help Needed:

#### Cache Mosquito Abatement District Board

Nibley City is seeking a service-minded individual to sit as Nibley's representative on the Cache Mosquito Abatement District board. The trustee will be compensated \$30 for each meeting they attend. Meetings are held the 4<sup>th</sup> Thursday of each month in the Bear River Environment Health office at 7:00 p.m. The term would begin January 1, 2019 and continues for four years. If interested, please email David at [david@nibleycity.com](mailto:david@nibleycity.com).



#### Nibley City Office

455 West 3200 South  
Nibley, UT 84321

Ph: 752-0431 • Fax: 753-1510

Hours: 9:00 a.m.–5:00 p.m. (Mon.–Fri.)

Visit the Nibley City website at

[www.nibleycity.com](http://www.nibleycity.com)

Nibley City is also on

**facebook**

Go to [www.facebook.com/nibley](http://www.facebook.com/nibley)

and our page

To contact Mayor Shaun Dustin

[shaun@nibleycity.com](mailto:shaun@nibleycity.com)

Mayor's Public Office Hours

Tuesdays–10:00 a.m. to 12:00 p.m.

If you have comments, or information that could be included in the newsletter, please contact [cheryl@nibleycity.com](mailto:cheryl@nibleycity.com).

## The Importance of Public Safety



**Rick Williams**  
Nibley Emergency  
Manager

Did you know that the level of government that most affects you daily is much closer to home than the White House, the halls of Congress, or even the state capitol building? Our local government – the mayor, City Council, city employees, etc.–is the level of governance responsible for public safety here in Nibley City.

As residents, we rely on a variety of services for our safety and security. These services are managed by our elected officials. Management of these services requires strategic planning, preparedness strategies, inter-agency coordination and fiscal management skills. Our elected officials ensure these services are managed in an efficient and orderly manner and that the safety needs of the community are being met.

In addition to coordinating the provision of typical public safety services such as EMTs, Sheriff's deputies, and firefighters, the city has implemented a variety of other services to help ensure public safety. The city's Public Works department ensures that we have safe drinking water, roads to drive on, traffic control measures in place, a safe waste water and sanitation collection and removal system, sidewalks for our children to walk on, speed limit signs for our streets, snow removal, and has trash and noxious weed regulations in place. The City's building inspector enforces life safety and building code regulations for business, industrial and residential development. The City contracts with the Sheriff's office for animal control services. The Office of Emergency Management provides training and resources for individual, family, and community preparedness.

It should be noted that public safety is not limited to just professionals. It is also provided by our school crossing guards, our local doctors and medical workers who protect the public from health-related issues, and environmentalists who protect the community around us.

Do your part. Remember that public safety is further enhanced when professionals and members of the community cooperate to ensure all systems are in place and that conditions are laid down and followed in the right manner.

*Nibley's City Council meets the first and third Thursday of each month at 6:30 p.m. at Nibley City Hall. The Nibley City Planning Commission normally meets the second and fourth Thursday of each month at 5:30 p.m. The date for December's Planning Commission meeting will be advertised when scheduled. Meetings are open to the public. Agendas, minutes, and ordinances are posted on the Nibley City website: [www.nibleycity.com](http://www.nibleycity.com) and [www.pmn.utah.gov](http://www.pmn.utah.gov).*

*(Thoughts From Our Mayor, continued from page 1)*

definition not riff-raff. We have a City with no riff-raff. But I have to confess that between January 15 and February 15, I am perilously close to being . . . riff-raff. Please pay attention and be careful. And keep in mind that driving 55 through Nibley instead of the posted 45 saves you a total of about 28 seconds. Is that worth a \$150 ticket? You can do the math, but by my reckoning, that works out to \$16,875/hr. That's sixteen thousand dollars, not sixteen dollars. That just doesn't make any sense. Plus, why would anyone be in a hurry to get through awesome Nibley? Take your time. Enjoy it. Who wouldn't want to spend more time in a town with no riff-raff?

*Mayor Dustin*



## Dog License Registration/Renewal



It's that time of year again. Dog registration is open from now until March 1, 2019. Please keep your pup's registration and vaccination up-to-date. If your pooch does need a rabies shot, the Heritage Animal Hospital is going to hold a convenient vaccination clinic on **Saturday, February 9, 2019 from 9:00 a.m.–12:00 p.m.** with shots discounted to only \$20. As an added bonus, one of Nibley City's employees will be at the clinic to handle your annual registration. Take advantage of this opportunity to help out your pet. If you have questions, please contact Hannah at the Nibley City offices.

## Reminders from Nibley City Staff

### *Muffins with the Mayor*



Mayor Dustin wants to discuss public safety. You'll have Mayor Dustin's full attention on **Saturday, December 8 at 8:30 a.m.** at Nibley City Hall. Enjoy muffins, juice, and vibrant discussion. Come give Mayor Dustin an earful.

### *Snow Plows vs. Mailboxes*

We all know that snowplows and mailboxes don't mix and Nibley City's Public Works staff do everything they can to avoid mishaps. Unfortunately these adversaries occasionally have an unfortunate encounter. Please let us know when this happens. However, most mailboxes are hit because they are not built to the national specifications adopted by the USPS and protrude too far in to the public right-of-way.

The USPS also requires that you clear the front of your mailbox of snow. If too much snow accumulates in front of your mailbox your mail service may be interrupted.

While you are clearing your mailbox you should also clear your neighborhood fire hydrant. Please clear enough perimeter to walk around the hydrant and clear a path from the hydrant to the street. Your efforts could make a huge difference in an emergency situation.



*—Nibley City Staff*

## Recreation Roundup

**Nibley RECREATION**

**Holiday Open House**

@Little Wonders  
3223 S Main St  
Nibley, UT

**Sat Dec 1st  
3-5pm**

Visit with Santa | Elf Obstacle Course | Indoor Playground  
Holiday Craft | Cookie Walk | Hot Cocoa | Candy Canes

**NibleyCity.com | 435.752.0431**

### Nibley Fit

Stay healthy and fit this holiday season by starting or continuing your participation in Nibley City's Fitness classes. The more you work out, the more you can happily enjoy all of the delicious gifts and holiday treats that are so typical this time of year.

<b>MON</b>	HIT @ 9:30 a.m.
<b>TUES</b>	Yoga @ 6:00 a.m.
<b>WED</b>	HIGH @ 6:00 a.m. HIIT @ 7:30 p.m.
<b>THUR</b>	HIGH @ 9:30 a.m.
<b>FRI</b>	Yoga @ 9:30 a.m.

### Nibley Holiday Light Tour

Be sure to take a guided tour of Nibley City's most impressive Christmas spirit. Judging for Nibley City's Holiday Decorating contest will be the on December 1 after which you'll find a light tour map posted online that you can follow on a cozy drive with friends and family. Drive by and see which houses won the award and prize for Theme, Overall Presentation, Special Effects, and the coveted Griswold.

**Annual Live Nativity**

Nibley Morgan Farm  
2800 South 800 West  
Nibley, Utah

Suggested Donation (Not An Entrance Fee)  
\$3 person/\$15 family OR  
2 canned food items per person

Live camel, hayride, caroling,  
& Christmas music in a  
peaceful old farm setting!

**Dec 7th, 8th, and 10th  
5:30-9 pm**

For more information call: 435-363-5621  
Find us online at: <https://tinyurl.com/LiveNativityNibley>

**FOOD PANTRY**

### Recreation Safety Tip

**Injury and Concussion Prevention:** Concussions are a possibility in any sport however, there are a number of things the players can do to reduce the chance of a concussion or other injuries.

**Proper Equipment With the Right Fit:** Having the right footwear and protective equipment, including a helmet and mouth guard for high contact sports, batters, skiers, and snowboarders will certainly reduce the risk of serious injury



**Playing Right and Playing Safe:** Playing with your head up and, if applicable, eyes on the ball is very important. Players should be aware of their surroundings when bats, sticks, and rackets are swinging. Using the proper technique to tackle, check, and play a given sport by not leading with your head may be the most important concussion prevention measure.

**Staying Hydrated:** Regardless of the season and the intensity of the physical activity it is important to drink water for proper function of muscles and your brain

**Warming Up and Stretching Out:** Although this is very important for all physical activity it is critical for adults to warm up and stretch out prior to physical activity. Current research indicates that a "dynamic" stretching technique prior to activity and a static stretching technique after activity are the most effective.



**Chad Wright**  
Nibley City  
Recreation Director

Make sure you like and share Nibley City's Facebook page ([www.facebook.com/nibley](http://www.facebook.com/nibley)) and website ([www.nibleycity.com](http://www.nibleycity.com)). You'll find the most up-to-date information on these events as well as information on other events you may be interested in.

## Our Nibley-Millville EMTs



The Nibley-Millville First Responders is a valued, service-minded organization that responds to the citizens of Nibley when help is needed most. Squad 140 is currently recruiting. Applicants must hold a current EMT certification from the Utah Bureau of Emergency Medical Services or be willing to attend and successfully complete an EMT course. Financial tuition assistance may be available for interested applicants and current members receive a small stipend. For more information contact Chris Searle at [squad140@gmail.com](mailto:squad140@gmail.com).

### Respiratory Season



**Chris Searle**  
Nibley/Millville EMT  
Squad Leader

As pediatric viral respiratory season approaches, it is good to remember a few bottom lines about kids and respiratory season. In the United States, bronchiolitis is the most common cause of hospitalization among infants less than 1 year of age and occurs more in the winter months (December–March). Bronchiolitis is inflammation and congestion in the bronchioles, or smallest parts of the airways, from a viral infection and unfortunately viral infections are not treated with antibiotics . . . you just have to wait it out.

These viruses include Respiratory Syncytial Virus, Coronavirus, Adenovirus, Rhinovirus, Influenza, and parainfluenza viruses. The disease process in each individual child can vary from length of illness and severity. Some children may only experience a few days with mild cough, congestion and low-grade fevers while others may have more severe symptoms that require medical help. Risk factors for severe disease include history of premature birth, age less than 12 weeks, lung, heart or neurologic disease, immunodeficiency, and children who live in a smoking environment.

One of the most common complications of bronchiolitis is dehydration due to increased fluid loss (fever, rapid breathing) and decreased intake (breathing too quickly or fatigue). It is always a good idea to drink lots of fluid and get plenty of rest to avoid dehydration when you or your child has these symptoms.

Here's the good news. There is a way to prevent respiratory illness. Good hand-hygiene prevents the transmission of infectious agents through family members. You can also decreased a child's exposure to cigarette smoke and children and their families are encouraged to get an annual influenza vaccine.

## Nibley's Law Enforcement



Nibley City contracts with the Cache County Sheriff's Department for law enforcement services. These officers do a fantastic job and can often be seen patrolling and keeping our homes, neighborhoods, schools, and roads safe.

Nibley City's STAR (Sheriff's Town and Area Representative) Deputy is Deputy Rick Black. The STAR Deputy Program was developed to provide each citizen with a direct link to the Sheriff's Office. A STAR Deputy is assigned to each city in the county. The Deputy attends the monthly city council meetings and assists them with things such as Neighborhood Watch, McGruff House programs, National Night Out Against Crime, and anything else the city is in need of. Citizens are encouraged to contact their STAR Deputy with any questions or concerns they may have.

The CCSD asks Nibley residents to remember that Nibley's Winter Parking ordinance is in effect until March 31, 2019. They also ask residents to remain diligent at school crossings and on school grounds. Please assist them and report anything that might need their attention. In an emergency call 911 but for non-emergency assistance, call 753-7555.



## Nibley's Fire Department Services

Nibley City contracts with the Hyrum Fire Department for fire fighting and prevention services. They are eager to come to our aid whenever needed. Follow these tips for a safe holiday season:

- Water live Christmas trees daily. Keep them away from heat sources and check lights for excessive wear.
- Make sure artificial trees are labeled "fire resistant."
- Use LED candles.
- Use no more that three sets of lights per extension cord.
- NEVER leave a burning candle unattended.
- NEVER leave the house or go to sleep with the Christmas tree lights on.
- When cooking, don't leave your kitchen unattended and check your smoke and CO2 alarms.

For many police officers, firefighters and EMTs, Christmas Day is not spent at home with loved ones, but on duty at the station; ready to stop crimes, put out fires and respond to medical emergencies. Lets thank them this year by doing our best to be safe and keep them home.