



The Nibley City News

Nibley, Utah—September 2018

Thoughts From Mayor Dustin



Mayor Shaun Dustin

According to Webster, an emergency is, "an unforeseen combination of circumstances or the resulting state that calls for immediate action." By definition, can we ever really be prepared for an emergency? I mean, if it's unforeseen, and unforeseen literally means that we didn't see it coming, then how do you prepare for that?

I think there are two ways to think about this—one is that the problem never occurs to us, so we don't see it coming because we didn't know it was possible, and the other is that we know something is possible, but we just don't get ready. There isn't much we can do to get ready for the first type of emergency, but when we know that something is possible but we don't do what we can to get ready, that's on us.

This spring, Lesli sent me to whitewater guide school. I was super excited to go. I love rivers. I've always loved floating rivers, and I've figured out and been taught a lot over the years. However, I was never confident that I could deal with the realities and responsibilities of taking a group on a whitewater trip on my own. We spent 10-12 hours a day, for five days, practicing river guiding skills and running the Snake at 25-27,000 CFS. That's a lot of water, and it was cold, rainy and frankly, scary. Every day, we would meet at the boat house and go over the plan for the day. Then we would grab our safety gear and head down to the put-in ramp. By my count, we ran that section of the river ten times that week and a couple of other sections besides.

After a couple of days, I realized that while I still had (and have) a healthy respect for the river, I wasn't intimidated by it anymore. I understood and accepted the hazards and the risks. I thought about it for a while. What changed? It sure wasn't the river. One day I walked down to stand by Lunch Counter, one of the big rapids. I was alone, without my wetsuit, my life jacket, and my helmet, and it scared the crud out of me. The day before I had stood at the same spot on the other side of the channel but geared up and prepared. I didn't like it, but I wasn't scared.

I've thought a lot about that since. The difference wasn't in the nature of the river. The river was the same. It wasn't the weather or the water temperature or the terrain, none of that had changed. The difference was in what I was prepared for. I knew what could happen (fall in the river), I was prepared for it (gear and training), and I was ready to accept the consequences of getting that close.

So what does that have to do with us? When we choose to live in Nibley, we also choose to accept certain risks. Some of us live along a river that can be every bit as dangerous to a swimmer as the Snake River in flood. Some of us live in a floodplain where slow moving surface water can fill basements and fill pipes and ditches. We live in a dry area, so drought and fire are real. We've gone through the loss of our water supply from contamination. Earthquakes are a real hazard. Two winters ago, we had snow three feet deep in our yards and snowbanks over my head on our street.

I don't know if any of these things are going to happen tomorrow or this month or next year, but I am confident that they will happen again. The question is, do we want to be standing there prepared, or standing there scared and hoping that someone will be there to help?

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Nibley City Youth Council

If you are a Nibley resident in grades 10-12, consider joining the Nibley Youth Council for the upcoming year. Applications are available online at www.nibleycity.com, at Nibley City Hall, and in the Ridgeline High School office. Applications should be turned in to Nibley City Hall no later than **Friday, September 7 by 5:00 p.m.** All applicants need to attend a mandatory interview on **Thursday, September 13, at 8:30 p.m.** at City Hall and are asked to be on time and dress casually.

Nibley's Youth Council plays a vital part of Nibley City's successful community events, providing opportunities to have fun while serving the community with other Nibley youth.

Please contact Trudy Knight at 232-6120 with any questions you might have concerning the Nibley Youth Council.



Nibley City Office

455 West 3200 South
Nibley, UT 84321

Ph: 752-0431 • Fax: 753-1510

Hours: 9:00 a.m.–5:00 p.m. (Mon.–Fri.)

Visit the Nibley City website at

www.nibleycity.com

Nibley City is also on

facebook

Go to www.facebook.com/nibley

and our page

To contact Mayor Shaun Dustin

shaun@nibleycity.com

Public Office Hours—Tuesdays

10:00 a.m. to 12:00 p.m.

If you have comments, or information that could be included in the newsletter, please contact cheryl@nibleycity.com.

National Preparedness Month



National Preparedness Month is recognized each September and provides an opportunity to reflect on how well we have prepared ourselves, our families, and the community. The National Preparedness theme for 2018 focuses on planning: *Disasters*

Happen. Prepare Now. Learn How.

As part of the preparedness effort, Nibley City is encouraging individuals and families to learn lifesaving skills—such as CPR and first aid. We also encourage you to check your insurance policies and coverage for hazards you may face, such as fires, floods, and earthquakes. Make sure to consider the costs associated with disasters and save for an emergency. Also, know how to take practical safety steps, like shutting off water and gas.

The devastating wildfires of 2018 remind us of the importance of preparing for disasters. Often, we will be the first ones in our communities to take action after a disaster strikes, before first responders arrive, so it is important to prepare in advance to help yourself, your family, and the community.

Make A Plan—Make a plan today. Your family may not be together if a disaster strikes, so it is important to become familiar with the types of disasters we could face here in our community. Know how you'll contact one another and reconnect if separated by establishing a family meeting place that's familiar and easy to find.

Step 1: Start your emergency plan by discussing the following four questions with your family, friends, or household:

1. How will I receive emergency alerts and warnings?

2. Do I have emergency supplies on hand if I need to relocate to a shelter?
3. Are important documents and valuables readily accessible if I need to evacuate?
4. What is my family/household communication plan?

Step 2: Consider specific needs in your household.

As you prepare your plan, tailor your supplies to your specific daily living needs and responsibilities. Discuss your needs and responsibilities and how people in your network can assist each other with communication, care of children, business, pets, or specific needs like the operation of durable medical equipment. Create your own personal network for specific areas where you need assistance. Keep in mind some of these factors when developing your plan:

- Different ages of members within your household
- Responsibilities for assisting others
- Locations frequented
- Dietary needs
- Medical needs including prescriptions and equipment
- Disabilities or access and functional needs including devices and equipment
- Languages spoken
- Cultural and religious considerations
- Pets or service animals
- Households with school-aged children

Step 3: Fill out a Family Emergency Plan

Step 4: Practice your plan with your family/household.

For additional emergency preparedness information, contact the Nibley City Office of Emergency Management.



Rick Williams
Nibley City
Emergency Manager

Wildlife Association



Colorful Autumn will be creeping our way soon. Fall is a great time to plant trees. The temperatures will drop, and watering will be much more efficient due to less evaporation.

When purchasing trees, read the tags on the trees and make sure the tree species you choose will survive in our climate zone (Zones #4-5). Some garden centers will sell trees that are not suitable for or sturdy enough to survive Cache Valley's winters and climate.

Avoid planting trees and shrubs too close to your home to help reduce the dangers that wildfires could cause and check the full-grown dimensions of the tree.

Will the full-grown tree fit in your space and provide you with the shade and beauty you intended?

The dwindling populations of monarch butterflies need our help. If you collect caterpillars, please call Ron Hellstern at 512-6938, so that the adult butterflies can be tagged before they are released. Tagging provides information about the monarch's winter destinations so we can help protect their migration routes and increase their populations. You can also collect milkweed seed pods after they split open. Put them in plastic bags in your fridge and next month you'll get information on how to propagate them. Milkweed are the only plant where monarchs lay their eggs.



Recreation Roundup

Adult Nibley City Recreation Drop-In Soccer

Nibley City Recreation's adult drop-in soccer occurs every **Thursday** from **8:30 p.m. to 10:00 p.m.** If you are 18 or older, enjoy the friendly atmosphere and drop in and play for only \$1, while getting your exercise in disguise. All abilities are welcome. Don't miss these special nights:

- **September 13–Ladies Night:** ladies and men that wear pink play for free.
- **October 11–Utah State University Night:** to celebrate USU's homecoming week, those wearing Aggie attire play for free.

Scarecrow Fun Run

Sept 29th 8:30 AM @ Heritage Park

FREE Events

2456 S 800 W
Nibley, Ut

- **100 Yard Dash:** children 4 and under
- **1/4 Mile Run:** children 8 and under
- **1/2 Mile Run:** children 12 and under
- **Extra Mile (2 miles) Walk/Run** (All ages)



Main Event

- **10K (6.2 miles)**

Tech Shirt | Scarecrows That Chase YOU!
Professional Timing | Finish Line Results
Creative Categories | Fabulous Prizes!

- **\$20 Early Bird Discount Until Sept 7**

- \$25 Until 4 pm Sept 28
- \$30 Day of Registration (@7:00-8:25 AM)

REGISTER NOW!

Fun/Creative race categories

will be posted @:



www.facebook.com/nibley

@ tinyurl.com/sc10KFun

BOONANZA

Be sure to save the date for Nibley City's Boonanza. This family friendly Halloween carnival will be on **Thursday, October 25.**



Chad Wright
Nibley Recreation & Community Services Director
752-0431

Watch Nibley City's Facebook page (www.facebook.com/nibley) and website (www.nibleycity.com) for more information on these events as it becomes available.

(Thoughts From Our Mayor, continued from page 1)

One of the things that sunk deep into me when I was whitewater training was something that really surprised me. No matter how many times we had been down the river, no matter how many times we put on our gear and got in the boats, our instructors drove one point home. Yes, they were the guides, yes, they were in charge, and yes, they would do their best to limit our risk, but rafting is inherently risky just like life is inherently risky. There was nothing they could do to make us or keep us safe. And if the boat went over, there was one of them and eight of us. They would take care of the boat, and they would get around to us as they could, but if the boat went over or we popped out, we were responsible for ourselves until they could get to us. They called it self-rescue, and what it meant was that when things looked the worst, and the blackest, we had to be ready and willing to take care of ourselves. They would teach us how to do that, but we had to make it happen.

This spring, we swam more rapids than any of us wanted to. And one thing I noticed as the week went on was that the guides NEVER pulled anyone out of the water. They got to the raft, got to the oars and got things under control. Then they spent their time putting the boat in the position to allow us to get back in. And once we got a couple of people in, then we started pulling each other in but the guide never dropped the oars. They kept the boat in position, and gave us all the best chance they could for us to help ourselves and each other. That is what the City's role is in an emergency. The City is like that guide in the boat. We have resources and knowledge and plans, but in the beginning of an emergency, all us swimmers need to be prepared to self-rescue and keep our heads above water.

It's simple math. We have a staff of about thirty people. Their first job is to secure the infrastructure that is critical to life safety in the city—water, power, and streets. They will not be helping pump out basements or building sandbag dams to protect yards or homes. But they will be making sure there is a place for that pumped water to go and making sure that there are bags to build with. They will put us in a position to succeed. But we, as citizens, need to be willing and able to pull each other into the boat, and if we do that, we will make it through together.

Mayor Dustin



Nibley City Hall will be closed Monday, September 3 for Labor Day. Labor Day constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country.

The Nibley City Council meets the first and third Thursday of each month at **6:30 p.m.** at Nibley City Hall. The Nibley City Planning & Zoning Commission meets the second and fourth Thursday of each month at **5:30 p.m.** All meetings are open to the public. Agendas, minutes, and ordinances are posted on the Nibley City website: www.nibleycity.com and www.pmn.utah.gov.

The Senior Center

675 East Main, Hyrum • 245-3570

September Calendar

Mondays– *No lunch is served.* Quilting and pool

- Sept 3 CLOSED
- Sept 17 Breakfast & Bingo for a Buck at 10:30 a.m.
- Sept 24 Breakfast & Bingo for a Buck at 10:30 a.m.

Tuesdays– Chair yoga at 9:30 a.m. Games at 12:30 p.m.

- Sept 11 No lunch. The Center will close at noon.
- Sept 14 Awesome Tip class at 11:00 a.m.

Wednesdays–Most programs start at 12:30 p.m.

Bread is served on Wednesdays.

- Sept 5 Singing with Anna Anawalt
- Sept 12 Singing with Lezlee Monroe
- Sept 19 Singing with Colleen Gordin
- Sept 26 Guitar and singing with Sharid Petersen

Thursdays–*No lunch is served*

- Sept 20 Mystery Trip
- Sept 27 Little Lambs quilts–help tie quilts for foster care children.

Fridays– Bingo at 12:30 p.m.

Put October 12-13 on your calendar for the Senior Center's Fall Boutique. Enjoy vendors, great gifts, decor and treats. Admission is free and everyone is invited.

Reminders from Nibley City Staff



Muffins with the Mayor

Enjoy a muffin with the Mayor on **Saturday, September 8** at 8:30 a.m. at Nibley City Hall.

This month, the Mayor would love to talk with you about emergencies and preparedness. However, feel free to discuss whatever's on your mind. Mayor Dustin is always willing to lend a listening ear.

Keeping Nibley Beautiful

Fall is on its way and our beautiful Nibley trees will start dropping their leaves soon. Please dispose of your yard debris properly. You can pay to have a greenwaste garbage can picked up from your home regularly by calling the Logan Environmental Department at 716-9755; or Nibley City provides greenwaste bins so you can properly dispose of yard debris. These bins are located at 3390 South 1200 West.

Never dump leaves and other yard debris in a canal or other open waterway. Not only is this against Nibley City ordinance, it can cause a waterway to back up and may cause flooding. Leaves are a great composting material, so consider mulching them into your garden space or flower beds instead.

Hunting

Hunting or harassing wildlife is forbidden on all City property. Ordinance 13-04 prohibits hunting on property owned by Nibley City and states, "Hunting, as defined in §23-13-2, Utah Code Annotated, which shall include hunting with firearms or with bows, each as defined by the laws of the State of Utah, . . . is prohibited on properties owned by Nibley City." It is also forbidden to discharge a firearm within 600 feet of a residence within Nibley City limits.

—Nibley City Staff



Runoff Rundown

Report Illegal Discharge to Nibley City (435)-752-0431

Storm water runoff is any precipitation (rain, sleet, snow, or hail) that flows over land instead of seeping into the ground. In developed areas, rainwater travels over paved areas, picking up the debris from streets, and flows through storm drains. Storm water is NOT treated and can pollute rivers, streams, creeks, and lakes.

So what can you do about polluted runoff?

The easiest way to deal with pollution is to prevent it from happening in the first place.

- Wash the family car on the lawn, not on the road or driveway.
- Never dump anything down the storm drain.
- Take a look at what your school is doing to prevent polluted runoff. Could you and your classmates do more?
- Clean up after your pet. Bring bags along when you walk your dog and encourage others to do the same.
- Don't leave grass clippings and leaves in the street when doing yard work. Use them for fertilizer, compost them, or bag them.
- Don't litter.

If you see illicit discharge



Many times, people pollute water and don't know they are doing it. Now that you have the facts about polluted runoff, teach other people about it. Always remember . . . the drain is just for rain.

The Hyrum Museum

The *Back in Time* series of monthly children's activities kicks off **September 18, 19, and 20** from 1:00–1:30 p.m. each day. The theme is *Ready, Set, Go!* and includes an activity and exhibit that will teach about changes in transportation. All children are welcome.

The museum will be closed the entire week of **September 10–15** and **Thursday, September 27**.

Elite Hall Restoration Committee

The Elite Hall will host Hyrum's third annual Fall Harvest Festival on **Saturday, September 8** from 5:30–7:30 p.m. Play games and enjoy some yummy chili/soup in a breadbowl for dinner with drink for only \$5.00. The Harvest Hoedown Dance from 7:30–10:00 p.m. is new this year. Come dance to country favorites for only \$5.00. This event is a fundraiser with proceeds benefiting the Elite Hall restoration effort.