

## 2025 Parent Information

### 3 & 4-Year-Old SUPER START Soccer Indoor Clinic (must be 3 on or before 2/19/25)

#### Locations:

- Thomas Edison Elementary South Campus: 1275 West 2350 South, Nibley UT
- Nibley Elementary School: 2545 South 660 West, Nibley UT

#### Cost

\$40 Registration (\$10 DISCOUNT When registered during Early Bird period 1/1/25-1/28/25)  
\$7 for Jersey: Nibley Rec reversible Red/Blue (can be used from previous year)

#### Session Information

<u>Dates/Locations (Subject to change)</u>	<u>Sessions Start Times</u>	<u>Equipment</u>
February 19 <sup>th</sup> @ Thomas Edison	Wed. 5:00pm	Water Bottle
February 26 <sup>th</sup> @ Nibley Elementary	Wed. 6:00pm	*Only water allowed
March 5 <sup>th</sup> @ Nibley Elementary	Wed. 7:00pm	Gym Shoes (NO cleats)
March 12 <sup>th</sup> @ Thomas Edison	*Please come at the	Shin Guards (optional)
March 19 <sup>th</sup> @ Thomas Edison	time you registered for	Jersey (receive at 1 <sup>st</sup>
March 26 <sup>th</sup> @ Nibley Elementary	each Wednesday!	session) <b>NO FOOD</b>

#### Program Description

The participants will split into “teams” that will rotate through a series of skill stations. A team leader will teach the children basic fundamental skills and rules of soccer. We appreciate the parents who volunteered to be a part of this experience.

#### SUPER START Skill Building Station Rotations

After a brief warm up, a coach will guide participants through various stations to build skills and help them learn to take turns. Matching their attention span, teams will rotate every 6 minutes, which will keep everyone interested and moving. Parents are encouraged to cheer on their child and are more than welcome to participate with their children.

#### General Outline of Stations

All Stations	Will vary each session based on interest and skill progression
Shooting	Teach children the proper way to kick and aim toward a goal.
Trapping	Teach children the skill of trapping, stopping, and controlling the ball.
Passing	Teach children how to pass and why to pass the soccer ball.
Basic Rules	Teach children simple rules of soccer.
Dribbling	Teach the children the importance of controlling the ball.
Fun	Some stations are designed for having fun! And to keep the kids moving.

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